



NASHUA ATHLETICS



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June 24, 2020

Dear Nashua Secondary Students and Parents/Guardians,

I hope you are all well and enjoying the beginning of summer.

At the June 17, 2020 Board of Education meeting, the Board unanimously approved the Athletic Department to begin implementing summer workouts "immediately" under new COVID-19 guidelines and protocols. These summer workouts are completely voluntary on the part of our coaches and students. They are for any sport, any season, for both middle school and high schools. Please contact your coaches directly for more information about a particular sport and their summer plans.

Our hope was to begin these workouts on Monday June 29, but we are going to delay the start one week. **Nashua summer athletic workouts will not begin until Monday July 6, 2020.** It is important that we implement these summer workouts safely and correctly. We are putting everything in place in order to prevent the spread of COVID. It is important to note that not all programs offer summer workouts.

As you all know, these are uncertain times. We are unsure what the beginning of school will look like and we are uncertain about the status of fall sports. But, we are moving forward with plans for summer and fall athletics though things will certainly be different in many ways. My presentation to the Board of Education, which outlines the protocols that will be put in place for this year's summer workouts, can be viewed at <https://www.youtube.com/watch?v=ddEd6IT2aXY>. These guidelines and protocols are based on CDC, NH, and national guidelines as of June 10, 2020. Information and guidelines are changing daily, and sometimes, many times during the day. Protocols and guidelines will be adjusted as required by local, state, and national requirements change.

Attached to this letter is a copy of the protocols for this summer and an assumption of risk document for your review. Unlike previous summers, we will be doing summer workout registrations online through our FamilyID system. This will allow parents/guardians and coaches to acknowledge and agree to the necessary waivers and protocols in the most efficient manner. Summer registration will be by school and not by sport. Please visit <https://bit.ly/3gCvdFS> to register. If a student is not registered, he/she will not be permitted to participate in summer workouts. **The agreements are a requirement for participation.**

A few items that I would like to emphasize:

- If a coach or a student are not feeling well, he/she is to stay home.
- Everyone should practice good hygiene especially their hands.
- Everyone should avoid touching their face
- Coaches and students will be assigned to a specific group of individuals with whom they will work out.
- A specific schedule will be adhered to in order to avoid interaction and congregating.
- Students and coaches are to arrive to workouts with proper attire and necessary gear. Locker rooms and indoor facilities will not be available.
- Students and coaches are to practice social distancing and wear face coverings when necessary.

Elm Street Middle School
John Lysik - Coordinator

Fairgrounds Middle School
Samantha Little - Coordinator

Pennichuck Middle School
Michaela McMenamin - Coordinator

- Each coach and students will be screened, including a temperature check, upon arrival.
 - Anyone indicating symptoms or having a fever over 100.3° will be sent home and may not return without medical clearance.
 - Anyone who has cared for or been in close contact with someone suspected of having or confirmed to have had COVID-19 in the past 14 days will be sent home and may not return 14 days has past.
 - Anyone who has travelled internationally or by cruise ship in the past 14 days will be sent home and may not return 14 days has past.
 - Anyone who has travelled on public transportation outside NH, VT, ME in the past 14 days will be sent home and may not return 14 days has past.

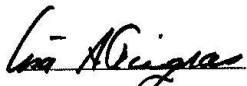
A reminder that summer workouts are 100% VOLUNTARY. No coach can mandate attendance and participation. Nor will participating, or not, in summer workouts impact a student's future on any team. The purpose for the summer workouts is to get our students back to working out with their teammates in a safe and supervised environment.

During the next week, coaches will be educated and trained on the screening process and a schedule of summer workouts will be created to ensure small groups and social distancing. Those schedules will be communicated to students and parents directly from coaches.

Please review the attached materials and if your child is interested in participating in summer workouts please register him/her at <https://bit.ly/3gCvdFS>.

Please do not hesitate to contact me if you have any questions.

Sincerely,



Lisa Gingras, CMAA
Director of Athletics & Wellness
Nashua School District

Attachments: Summer 2020 Protocols
COVID Assumption of Risk