

DECEMBER 2022

NASHUA HIGH SCHOOL SOUTH



Monday



Tuesday

Wednesday

Thursday

Friday

5

Breaded Mozzarella Cheese Sticks*, Marinara Dipping Sauce, Broccoli, Mandarin Oranges, Milk

6

Hotdog or Corn Dog* with Assorted Dipping Sauces, French Fries, Vegetarian Baked Beans, Corn, Peaches, Milk

7

Chicken Patty on a w/g Bun, Smartfood Popcorn, Steamed Carrots, Applesauce Cup, Milk

1

Meatballs on a w/g Sub Roll with Mozzarella Cheese, Oven Baked Fries, Carrots, Peaches, Milk

2

Chicken Broccoli Alfredo, Mozzarella Cheese, Texas Toast, Strawberry Cup, Milk

12

Crispy Chicken Nuggets* French Fries, Broccoli, Cookie, Applesauce Cup, Milk

13

Fajita Chicken Bowls – Rice, Corn, Black Beans, Salsa, Shredded Cheddar, Roasted Peppers & Onions, Sour Cream, Pineapple, Milk

14

Chicken Patty on a w/g Bun Smartfood Popcorn, Green Beans, Apple Slices, Milk

15

Chicken and Vegetable Dumplings with Sweet Chili Sauce, Asian Cole Slaw with Sesame Dressing & Chow Mein Noodles, Oranges, Milk

16

Holiday Panther Bowl – Popcorn Chicken, Gravy, Mashed Potatoes, Corn, Dinner Roll, Pudding Cup, Strawberries, Milk

19

Breaded Mozzarella Cheese Sticks*, Marinara Dipping Sauce, Carrots, Peaches, Milk

20

Nacho Platter Deluxe – Seasoned Ground Beef, Salsa Sour Cream, Cheese Sauce, Refried Beans, Broccoli, Pears, Milk

21

Crispy Chicken Nuggets* Baked Lays Potato Chips, Green Beans, Applesauce Cup, Milk

22

Cook's Choice*, Assorted Vegetables, Fruits, Milk

23

Cook's Choice*, Assorted Vegetables, Fruits, Milk

26

Holiday Break

27

Holiday Break

28

Holiday Break

29

Assorted Salads, Sandwiches, and Pizza Served Daily

30

Menu is Subject to Change
*Item May Contain Soy