

## **SEPTEMBER 2023**

Elementary Lunch Menu

**Assorted Sandwiches Available** Daily on W/G Bread (Ham, Turkey, Tuna & Sun Butter & Jelly) W/ Vegetable, Fruit & Milk

## Monday Tuesday Wednesday Friday **Thursday** No School Pizza Crunchers\* w/ W/G Stuffed Crust Pizza Crispy Chicken Patty All Beef Hot Dog on a Marinara Dipping Sauce w/q Bun, Baked Beans Baby Carrots w/ Lite on a w/g Bun, Spiral No School Ranch Dressing, Orange **Green Beans** French Fries Broccoli, Strawberry Wedges, Milk Pears, Milk Cup, Milk Plum, Milk 11 12 13 Breakfast for Lunch Soft Tortilla Wrap or W/G 5" Round Pizza Chicken & Cheese Mini Maple Waffle Bites\* \*\*\*Steamed Broccoli & Tostitos W/ Seasoned Quesadillas\*, Salsa **No School** Egg Patty, Sausage Patty Beef\*, Cheese, Salsa **Roasted Cauliflower** Mexicali Corn, Milk Tator Tots, Banana, Milk Refried Beans, Lettuce & Fruit Mix, Milk Peaches Tomato, Kiwi, Milk Hamburger or Cheese Diced Chicken w/ Gravy "Yangs" Mandarin 19 18 W/G 4 X 6 Cheese Pizza Breaded Mozzarella Orange Chicken\*, Not So Crispy Roasted Chickpeas Cheese Sticks\*, Marinara burger\* on a w/g Bun Mashed Potatoes Fried Rice, Oriental Dipping Sauce, Savory French Fries, Pears, Milk w/g Dinner Roll Carrots W/ Lite Ranch Dip Veggie Mix, Pineapple Assorted Fruit, Milk Green Beans, Crispy Strawberry Cup w/ Tidbits, Milk Whipped Topping, Milk Apple, Milk Creamy Chicken Alfredo 28 Chicken Nuggets<sup>1</sup> Cooks Choice \* W/G Cheese Pizza Corn Dog, Baked Beans Favorites \* Potato Smiles. Chocolate Baked Cheetos, Green W/ Broccoli, Welch's **Assorted Vegetables** Pudding W/ Whip Topping Assorted Fruits **Carrot Coins** Beans, Peaches, Milk Fruit Snacks, Nectarine Assorted Fruits, Milk Applesauce Cup, Milk Assorted Desserts, Milk Milk

\*\*\*Harvest of The Month - Broccoli & Cauliflower

