

<p>10/3 Crispy Chicken Nuggets* Steamed Broccoli, Granny Smith Apple, Cookie, Milk OR Sandwich of the Day Vegetable, Fruit, Milk <b>NH LOCALLY GROWN GREAT APPLE CRUNCH!</b></p>	<p>10/4 Cheeseburger or Hamburger on a w/g Bun, Carrots &amp; Dip Applesauce Cup, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/5 Potato Crunch Fish Sticks* Munchie Mix*, Creamy Coleslaw, Orange Smiles, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/6 Breakfast for Lunch ~ French Toast*, Sausage Patty, Tator Tots, Banana Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/7 W/G Stuff Crust Pizza* Carrots w/ Lite Ranch Dip Marinated Chic Peas, Fruit Cocktail, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>
<p>10/10 <b>No School – Indigenous Peoples Day</b></p>	<p>10/11 Breaded Mozzarella Cheese Sticks* W/ Marinara Dipping Sauce, Green Beans, Milk Blueberries W/ Whip Topping OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/12 Penne Pasta W/ Meat Sauce Shredded Mozzarella Cheese Broccoli, Orange Smiles, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/13 Popcorn Chicken* w/ Gravy Mashed Potatoes, Seasoned Corn, Animal Crackers, Fruit Mix, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/14 W/G French Bread Pizza * <b>**Roasted Kale Chips</b> Marinated 3 Bean Salad Assorted Fruits, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>
<p>10/17 Wild Mikes Cheese Bites* Marinara Dipping Sauce, Milk Green Beans, Applesauce Cup OR Sandwich of The Day Vegetable, Fruit, Milk</p>	<p>10/18 All Beef Hot Dog on a w/g Roll, Vegetarian Baked Beans Steamed Broccoli, Kiwi, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/19 Baked Cheese Sandwich w/ Or Without Ham, Potato Puffs Orange Smiles, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/20 Orange Mandarin Chicken* Lo Mein W/ Peas &amp; Diced Carrots, Pineapple Tidbits Fortune Cookies, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/21 W/G 4 X 6 Cheese Pizza* Carrots W/ Lite Ranch Dip Assorted Fruits, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>
<p>10/24 Cheese Pizza Boli* W/ Marinara Dipping Sauce Tangy Broccoli Salad, Orange Smiles, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/25 Chefs Choice*, Green Beans Applesauce Cup, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/26 Nacho Platter Deluxe - Seasoned Beef, Cheese, Salsa Cheesy Refried Beans, Milk Let/Tom, Mexicali Corn, Kiwi OR Sandwich of The Day Vegetable, Fruit, Milk</p>	<p>10/27 Cheeseburger or Hamburger on a w/g Bun, French Fries Marinated Cucumber Salad Fruit Cocktail, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>	<p>10/28 W/G Pizza Favorites* Carrots &amp; Dip, Assorted Fruits Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>
<p>10/31 Halloween Batty Chicken Nuggets, Smiley Fries, Carrots w/ Lite Ranch Dip, Cookies Applesauce Cup, Milk OR Sandwich of the Day Vegetable, Fruit, Milk</p>		<p><b>October 10<sup>th</sup> – October 14<sup>th</sup> National School Lunch Week</b></p>		<p>October 2022 Menu is Subject to change * Indicates possible Soy <b>**Harvest of the Month</b></p>

