

OCTOBER 2024

ELEMENTARY BREAKFAST MENU

Monday

Tuesday

Wednesday

Thursday

Friday

1
Daily Choice: Cereal & Toast or w/g Breakfast Bun*
Fruit, 100% Juice, Milk

2
Daily Choice: Cereal & Toast or w/g Mini Chocolate Donuts*
Fruit, 100% Juice, Milk

3
Daily Choice: Cereal & Toast or w/g French Toast Sticks*
Fruit, 100% Juice, Milk

4
Daily Choice: Cereal & Toast or Cooks Choice*
Fruit, 100% Juice, Milk

7
Daily Choice: Cereal & Toast or Rainbow Bagel*
W/ Cream Cheese
Fruit, 100% Juice, Milk

8
Choice Of: Cereal & Toast or w/g Cinnamon Apple Muffin*
Fruit, 100% Juice, Milk

9
Daily Choice: Cereal & String Cheese or w/g Apple Frudel*
Fruit, 100% Juice, Milk

10
Daily Choice: Cereal & Toast or a w/g Assorted Pop-Tarts*
Fruit, 100% Juice, Milk

11
Daily Choice: Cereal & Toast or Cooks Choice*
Fruit, 100% Juice, Milk

14
No School
Indigenous People
Day

15
Daily Choice: Cereal & Toast or w/g Pancakes*
Fruit, 100% Juice, Milk

16
Daily Choice: Cereal & Toast or w/g Chocolate Chip Muffin*
Fruit, 100% Juice, Milk

17
Daily Choice: Cereal & String Cheese or Egg & Sausage Sandwich*
Fruit, 100% Juice, Milk

18
Daily Choice: Cereal & Toast or a w/g Powdered Donut*
Fruit, 100% Juice, Milk

21
Daily Choice: Cereal & Toast or w/g Breakfast Bar*
Fruit, 100% Juice, Milk

22
Choice Of: Cereal & Toast or w/g Blueberry Muffin*
Fruit, 100% Juice, Milk

23
Choice Of: Cereal & Toast or w/g Iced Cinnamon Bun*
Fruit, 100% Juice, Milk
Early Release

24
Daily Choice: Cereal & Toast or w/g Breakfast Bun*
Fruit, 100% Juice, Milk

25
Daily Choice: Cereal & Toast or Cooks Choice*
Fruit, 100% Juice, Milk

28
Daily Choice: Cereal & Toast or a Cinni Mini Pull-Aparts*
Fruit, 100% Juice, Milk

29
Daily Choice: Cereal & Toast or a Toasted Bagel*
w/Cream Cheese
Fruit, 100% Juice, Milk

30
Choice Of: Cereal & Toast or w/g Assorted Muffins*
Fruit, 100% Juice, Milk

31
Daily Choice: Cereal & String Cheese or Egg & Sausage Sandwich*
Fruit, 100% Juice, Milk



w/g = Whole Grain * Indicates May Contain Soy
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