

10/3 Daily Choice: Cereal & Toast Or w/g Donut Holes* Fruit, 100% Juice Milk	10/4 Daily Choice: Cereal & Toast Or w/g Apple Frudel* Fruit, 100% Juice, Milk	10/5 Daily Choice: Cereal & Toast Or w/g Breakfast Bar* Fruit, 100% Juice, Milk	10/6 Daily Choice: Cereal & Toast Or w/g Crumb Cake* Fruit, 100% Juice, Milk	10/7 Daily Choice: Cereal & Toast Or w/g Blueberry Bread* Fruit, 100% Juice, Milk
10/10  No School – Indigenous People day	10/11 Daily Choice: Cereal & Toast Or w/g Cinnamon Bun* or Roll*, Fruit, 100% Juice, Milk	10/12 Daily Choice: Cereal & Toast Or w/g Corn Muffin* Fruit, 100% Juice, Milk	10/13 Daily Choice: Cereal & Toast Or w/g Cinni Mini* Fruit, 100% Juice, Milk	10/14 Daily Choice: Cereal & Toast Or w/g Cooks Choice* Fruit, 100% Juice, Milk
10/17 Daily Choice: Cereal & Toast or French Toast Mini Bites* Fruit, 100% Juice, Milk	10/18 Daily Choice: Cereal & Toast Or w/g Chocolate Chip Muffin* Fruit, 100% Juice, Milk	10/19 Daily Choice: Cereal & Or w/g French Toast Bar* Fruit, 100% Juice, Milk	10/20 Daily Choice: Cereal & Toast Or w/g Blueberry Muffin* Fruit, 100% Juice, Milk	10/21 Daily Choice: Cereal & Toast Or w/g Cinnamon Swirl Bun* Fruit, 100% Juice, Milk
10/24 Daily Choice: Cereal & Toast Or w/g Banana Bread* Fruit, 100% Juice, Milk	10/25 Daily Choice: Cereal & Toast Or w/g Apple Cinnamon Muffin*, Fruit, 100% Juice Milk	10/26 Daily Choice: Cereal & Toast Or w/g Bagel W/ Cream Cheese* Fruit, 100% Juice, Milk	10/27 Daily Choice: Cereal & Toast or An Egg Patty W/ Cheese Sandwich* Fruit, 100% Juice, Milk	10/28 Daily Choice: Cereal & Toast Or w/g Cooks Choice* Fruit, 100% Juice, Milk
10/31 Daily Choice: Cereal & Toast Or w/g Breakfast Bun* Fruit, 100% Juice, Milk				October 2022 Menu Subject to Change *Indicates May Contain Soy  <b>- All Breakfast Meals Must Include Milk.</b>