

FFVP

October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is Subject to Change				1 Choice Snack (Variety)
4 Red Pears	5 Cherry Tomatoes & Fat Free Ranch Dip	6 Red Grapes	7 Broccoli & Fat Free Ranch Dip	8 Choice Snack (Variety)
11 Columbus Day	12 Melon	13 Pineapple Chucks	14 Bananas	15 Choice Snack (Variety)
18 Orange Slices	19 Cucumbers & Fat Free Ranch Dip	20 Watermelon	21 Pineapple Chucks	22 Choice Snack (Variety)
25 Granny Smith Apples	26 Kiwi	27 Red Delicious Apples	28 Green Grapes	29 Choice Snack (Variety)

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(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

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