

October

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
2 October 3rd We will celebrate, National Farm to School Month, buying Locally grown Apples from Brookdale Fruit Farm in Hollis NH	3 Breaded Mozzarella Sticks with Dipping Sauce, 3-way mix veggie, Apple, Milk	4 Meatballs on a w/g Sub Roll, Onion Rings, Green Beans, Fruit, Milk	5 Chicken Nuggets, Steamed Carrots, Fruit & Milk Sandwich of the Day, Veggie, Fruit & Milk	6 Orange Chicken, Seasoned Rice, Dinner Roll, Corn, Fruit, Milk	7 Gills Pizza Slice, Veggie, Fruit, Milk	8	
9	10 NO SCHOOL COLUMBUS DAY	11 Corn Dog, Baked Lays Chip, Fruit, Veggie, Milk National School Lunch Week	12 Chicken Tender Basket w/g Dinner Roll, Baked Fries Steamed Broccoli, Fruit, Milk	13 Hamburger or Cheeseburger on a w/g Bun, 3-way mixed Veggies, Fruit, Milk	14 Gills Pizza Slice, Veggie Fruit, Milk	15	
16	17 Wild Mike's Cheese Bites w/Dipping Sauce, Broccoli, Fruit, Milk	18 Chicken w/Gravy, Mashed Potatoes, Dinner Roll, Green Bean, Cookie Treat Fruit, Milk	19 Cheeseburger Mac, Cheesy Garlic stick, Sweet Corn, Fruit, Milk	20 Crispy Chicken Patty on a w/g Bun, Baked Waffle Fries, Carrots, Fruit, Milk	21 Gills Pizza Slice, Veggie, Fruit, Milk	22	
23	24 Cheese Calzone, Dipping Sauce, Carrots, Fruit, Milk	25 Pasta Bar ~ Pasta w/meat sauce or Chicken Alfredo, Cheesy Garlic Bread Stick, 3Way veggie, Fruit, Milk	26 Popcorn Chicken, Mashed Potato, w/g Dinner Roll Gravy, Sweet Corn, Fruit, Milk	27 Fish Sticks, Onion Rings, Cole Slaw, Cookie, Fruit, Milk	28 Gills Pizza Slice, Veggie, Fruit, Milk	29	
30	31 Hot Dog on a W/G Roll, Baked Beans, Sweet Corn, Cole Slaw, Fruit, Milk	** Sandwich of the Day, Veggie, Fruit & Milk - Available each day					