



2024

# SEPTEMBER



## Pennichuck Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p><b>Labor Day</b></p>	<p>3</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Breakfast Bun*</b> Fruit, 100% Juice, Milk</p>	<p>4</p> <p><b>Daily Choice: Cereal &amp; Toast or a Cinni Mini Pull-Aparts*</b> Fruit, 100% Juice, Milk</p>	<p>5</p> <p><b>Daily Choice: Cereal &amp; Toast or a Rainbow Bagel* W/ Cream Cheese</b> Fruit, 100% Juice, Milk</p>	<p>6</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Mini Chocolate Donut*</b> Fruit, 100% Juice, Milk</p>
<p>9</p> <p><b>Daily Choice: Cereal &amp; Toast or w/g Mini Confetti Pancakes*</b> Fruit, 100% Juice, Milk</p>	<p>10</p> <p><b>Primary Day</b></p>	<p>11</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Assorted Pop-Tarts*</b> Fruit, 100% Juice, Milk</p>	<p>12</p> <p><b>Daily Choice: Cereal &amp; String Cheese or an Egg &amp; Sausage Sandwich*</b> Fruit, 100% Juice, Milk</p>	<p>13</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Breakfast Bar*</b> Fruit, 100% Juice, Milk</p>
<p>16</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Crumb Cake*</b> Fruit, 100% Juice, Milk</p>	<p>17</p> <p><b>Daily Choice: Cereal &amp; Toast or w/g Blueberry Muffin*</b> Fruit, 100% Juice, Milk</p>	<p>18</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Iced Cinnamon Roll*</b> Fruit, 100% Juice, Milk</p>	<p>19</p> <p><b>Daily Choice: Cereal &amp; Toast or w/g Mini French Toast Sticks*</b> Fruit, 100% Juice, Milk</p>	<p>20</p> <p><b>Daily Choice: Cereal &amp; Toast or Cooks Choice*</b> Fruit, 100% Juice, Milk</p>
<p>23</p> <p><b>Daily Choice: Cereal &amp; Toast or w/g Mini Confetti Pancakes*</b> Fruit, 100% Juice, Milk</p>	<p>24</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Breakfast Bar*</b> Fruit, 100% Juice, Milk</p>	<p>25</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Powdered Donut*</b> Fruit, 100% Juice, Milk</p>	<p>26</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Bagel* W/ Cream Cheese</b> Fruit, 100% Juice, Milk</p>	<p>27</p> <p><b>Daily Choice: Cereal &amp; Toast or Cooks Choice*</b> Fruit, 100% Juice, Milk</p>
<p>30</p> <p><b>Daily Choice: Cereal &amp; Toast or a w/g Chocolate Chip Muffin *</b> Fruit, 100% Juice, Milk</p>	<p><b>w/g = Whole Grain * Indicates May Contain Soy</b> <b>This institution is an equal opportunity provider</b></p>			