



**FALL 2024 ENRICHMENT CLASSES**  
**Held at Nashua High School South & North**  
**SEPTEMBER 2024 THROUGH JANUARY 2025**  
**Jacalyn Lesser, Director**

Class Name	Date	Weeks	Location	Time	Instructor	Non-Nashua Residents pay Higher Fee
<b>Monday Classes are held at NHS South</b>						
Pottery & Ceramics	9/16/24 – 1/13/25	14	<b>NHS SOUTH</b>	3:00 - 6:00	Robin Peringer	\$225/\$250 +\$60 lab
<b>Tuesday Classes are held at NHS South and North</b>						
<b>(No classes 11/5)</b>						
Pottery & Ceramics	9/17/24 – 1/14/25	14	<b>NHS SOUTH</b>	5:00 – 8:00	Robin Peringer	\$225/\$250 +\$60 lab
Digital Photography Participants must have a camera	9/24/24-11/19/24	8	<b>NHS SOUTH</b>	5:00 – 7:00	Angela Walsh	\$110/\$135
Pottery & Ceramics	9/17/24 – 1/14/25	14	<b>NHS NORTH</b>	5:30 – 8:30	Rod Coffin	\$225/\$250 +\$60 lab
African Cooking	9/24/24-10/29/24	6	<b>NHS SOUTH</b>	5:30 – 7:30	LaFortune Djabea	\$105/\$130 +\$60 lab/food
<b>Wednesday Classes are held at NHS North</b>						
<b>(No class 10/9)</b>						
Biology	9/11/24 – 1/15/25	15	<b>NHS NORTH</b>	3:00 – 6:00	Neeta Masand	\$150/\$200
Chemistry	9/11/24 – 1/15/25	15	<b>NHS NORTH</b>	3:00 – 6:00	Suzanne Taylor	\$150/\$200
Pottery & Ceramics	9/18/24-1/15/25	14	<b>NHS NORTH</b>	2:15-5:15	Rod Coffin	\$225/\$250 +\$60 lab
Pottery & Ceramics	9/18/24-1/15/25	14	<b>NHS NORTH</b>	5:30-8:30	Rod Coffin	\$225/\$250 +\$60 lab
<b>Thursday Classes are held at NHS North</b>						
<b>(No class on 10/10)</b>						
Pottery & Ceramics	9/19/24-1/9/24	14	<b>NHS NORTH</b>	5:30 – 8:30	Jerrie Lajeunesse	\$225/\$250 +\$60 lab
Hair Care, Braiding & Up Styles	9/24/24-10/29/24	6	<b>NHS NORTH</b>	5:30 – 6:30	Colleen Cherico	\$85/\$110
Yoga for Beginner and Intermediate Level	9/26/24-12/19/24	10	<b>NHS NORTH</b>	6:00 – 7:00	Carol Coleman	\$120/\$145

**Fees are payable at the time of registration.** Make checks payable to the Nashua School District. A \$25 processing fee will be charged for returned checks. We do not accept credit card payments. Full refunds are granted if the course is canceled or if requested before the second class meeting.

Nashua High School North, Room A106  
 8 Titan Way, Nashua, NH 03063

Nashua High School South, Room A2003  
 36 Riverside Street, Nashua, NH 03062

**(603) 966-2420**

## COURSE DETAILS

### **AFRICAN COOKING – NHS SOUTH – Tuesday – 9/24/24-10/29/24**

Learn the cooking methods and experience the tastes of traditional foods of Africa, from the Ivory Coast to the Congo, to Ethiopia and Morocco! Learn how the African culture and foods bursting with flavors have influenced cuisine world-wide.

### **BIOLOGY - NHS NORTH – Wednesdays – 9/11/24 – 1/15/25**

In this introductory life science course, students cultivate an understanding of biology through inquiry-based investigations while exploring the following topics: evolution, cellular processes, DNA, genetics, ecology, energy pathways in plants and animals and interactions among organisms.

### **CHEMISTRY - NHS NORTH – Wednesdays – 9/11/24 – 1/15/25**

Students learn modern concepts in the lab developing skills such as mass measurements, analysis of data and samples, synthesis of compounds and model building. Students will study nomenclature, equation and formula writing, physical and chemical properties, the mole concept, and energy relationships.

### **DIGITAL PHOTOGRAPHY – NHS SOUTH – Tuesdays – 9/24/24-11/19/24**

This course covers both the technical and artistic aspects of photography and digital imaging. Topics include camera operation, exposure, composition, and lighting. Students will use Photoshop to manipulate and edit images. Through assignments in photographing nature, portraits, motion, mood and existing light and through the study of the styles of many renowned photographers, students will begin to develop their artistic sense and photographic vision. Bring your own digital camera with manual adjustments (DSLR)

### **HAIR CARE, BRAIDING & UP STYLES – NHS NORTH – Thursdays - 9/24/24-10/29/24**

Learn the art and science of hair care and gain hands-on experience with braiding and up style techniques.

### **POTTERY & CERAMICS – NHS SOUTH – Mon. afternoon & Tue. eve. & NHS NORTH – Tue., Wed., & Thurs. eves.**

Students will create many pieces, explore a variety of surface decoration techniques, learn how to throw on the potter's wheel and about firing in a kiln. Well thought out forms, designs and functional uses along with good craftsmanship are emphasized. All classes have wait lists. Contact Adult Education if you wish to add your name to the list.

### **YOGA - NHS NORTH – Thursdays – 9/26/24-12/19/24**

A flowing Vinyasa style of yoga focusing on breathing, stretching, and strengthening as we move the entire body. All levels welcome. Please bring a yoga mat.